

1. A friend tells you why he feels upset. How can you show that you are listening and paying attention?

- A. Face him and look him in the eyes.
- B. Tell him that he shouldn't feel upset.
- C. Look down at your feet or hands.
- D. Fold your arms and walk away.

2. Moby is crying and Mia wants to help. Moby doesn't feel like talking about it. What can Mia say?

- A. "I'm sad you won't talk to me about it."
- B. "I'm here to listen when you're ready."
- C. "You have nothing to be sad about!"
- D. "You forgot to turn in your homework."

3. What does the saying "put yourself in someone else's shoes" mean?

- A. to calm someone down
- B. to walk next to someone
- C. to try on another person's shoes to see if they fit you
- D. to imagine how you would feel if you were that person

4. Moby is learning to skateboard and keeps falling down. Grandpop PRAISES Moby for trying hard and not giving up. What does PRAISE mean?

- A. to give a gift
- B. to play with
- C. to compliment
- D. to understand

5. Becca's brother breaks her favorite toy. How do you think she feels?

- A. embarrassed
- B. jealous
- C. bored
- D. mad